



# Mt. Carmel

BENTON EDITION • DECEMBER '22

# CONNECTIONS

## Reindeer Games

Clement Clarke Moore introduced the world to Santa's reindeer in 1823 when he wrote *The Night Before Christmas*. As for reindeer games, they were first mentioned in the book *Rudolph the Red-Nosed Reindeer*, written for the Montgomery Ward department store chain. Rudolph's story includes the sad fact that he was not allowed to "join in any reindeer games." That's not the case here at Mt. Carmel Community, where we encourage everyone to join in a variety of reindeer-themed games and activities this month! We'll start by seeing who can round up all nine of Santa's reindeer at our Reindeer Scavenger Hunt on the 2nd. We've also planned two reindeer-themed Wheel of Fortune editions. The first features puzzles taken from the lyrics of the song "Rudolph the Red-nosed Reindeer." At Reindeer Games Wheel of Fortune, we'll take a trip down memory lane as we reminisce about vintage games and toys. Join us in making reindeer crafts at two of our Create & Craft classes and creating an adorable Rudolph Hot Cocoa Gift. We're looking forward to bringing you a terrific trio of theme-related table games when we play Where's Rudolph Picture Bingo, a Reindeer Cover All Dice Game, and an exciting Red-nosed Reindeer Race. Some of our more active reindeer games include a Reindeer Antler Ring Toss, Red Nose Ball Toss, and Reindeer Games Cornhole. The cherry on top of our reindeer-filled activity calendar will be our Root"deer" Float Party! Please plan to celebrate this Christmas season by joining in all the reindeer games!

# December Birthdays

## **Mt. Carmel Residents:**

- December 4 • Bob Forquer
- December 5 • Martha Bernardi
- December 9 • John Olson
- December 10 • Barbara Plunkett
- December 12 • Gerald Francis
- December 12 • Rose Harris
- December 22 • Anabob Arnold

## **Mt. Carmel Staff:**

- December 13 • Julie Page
- December 16 • Nancy Collyer
- December 21 • Leah Thweatt

# Over the River and Through the Woods

Aren't you glad you don't have to go over the river and through the woods to finish your Christmas shopping or enjoy a meal out with friends? You do, however, need to sign up for our shopping and out-to-lunch trips since we have a limited number of seats on the bus. Like Santa Claus, you'll want to make your list and check it twice before you head out for our last two shopping trips of the year. We will go to Target on December 7 and shop at Walmart on the 21st. We'll take a break from the hustle and bustle of the holidays when we gather for lunch at Larry's Pizza on the 14th. Be sure to bring plenty of quarters for the game room! Don't delay! Get your name on the appropriate sign-up sheet today!



At Mt. Carmel Community, we are going to “mix and mingle” and “jingle all the way” from the first of December until Christmas Day with a variety of holiday events and activities! To save your memories of Christmas 2022, wear your holiday best to the lobby on the 5th, and we'll take a festive photo of you by our tree. You'll enjoy the lovely sounds of the season at Christmas Musical Performances by First Baptist Church Choir (12/1), a Holiday Children's Piano Recital (12/6), Ken Blair (12/14), caroling Boy Scouts (12/15), and the Blue Velvet Band (12/23). Don't miss an opportunity to bring holiday joy to others by stopping by the Activity Room on the 6th for “In the Spirit of Christmas.” We'll gather to craft ornaments for our Memory Care residents to hang on their Christmas Tree. In the weeks leading up to Christmas, we'll enjoy *Prancer*, *Home Alone*, *Holiday Inn*, and *It's a Wonderful Life* as our theater comes to life with some of your favorite festive films! Remember to grab some popcorn! Santa came early and dropped off some jolly Christmas-themed Bingo cards for us to enjoy this month! We'll play “Where's Rudolph” Picture Bingo, CAROL Bingo, and SANTA “Gifts” Bingo. Santa Tanya, from Visiting Angels, will be with us for “Gifts” Bingo on the 20th. She'll have lots of festively wrapped goodies for those who are on her “NICE” list! Rumor has it that Rudolph Blair may be making an appearance as well! Additional Christmas activities include a holiday edition of Scattergories, a Christmas Candy Dice Game for those who want to indulge their sweet tooth, and Candy Cane Horseshoes. We hope you'll come join the fun!