

TICKLED PINK
STATE OF
MIND



Mt. Carmel
VILLAGE EDITION • MAY 2022
CONNECTIONS

People have long been tickled **pink** by the fabulous flamingo!

They are best known for their beautiful **pink** feathers, sense of grace and balance, and delicate sticklike legs. But did you know that flamingos are incredibly sociable and tend to congregate in flocks? Taking our cue from the flamingo's natural instinct to mingle with one another, we plan to offer you a whole month of wonderful opportunities to gather together with your Mt. Carmel flock for fun and fellowship! You can feather your nest with a pretty **Pink** Flamingo Door Decoration when you stop by the Activity Room for our Door Decor Craft on May 3. Join our Flamingo Feathers Scavenger Hunt and see how many **pink** flamingo feathers you can find! We'll be sharing **Pink** Flamingo Fun Facts, hosting our own **Pink** Flamingo Races, and competing to Connect 4 Flamingos! Put your knowledge of familiar feather phrases to the test at Flamingo Feathers Wheel of Fortune. While flamingos will serve as our mascot for May, we'll also celebrate the color **pink** in honor of Mother's Day. For example, we'll be playing Think **Pink** and Pretty in **Pink** Wheel of Fortune on the first two Mondays of the month. We'll be serving **pink** popcorn at our movie on the Friday before Mother's Day. Don't miss out on the opportunity to come laugh with your neighbors at **Pink** Pong on the 18th! Come learn how to play our fun Bingo-style **Pinko** Dice Game on Wednesday, the 25th. Let's prove the old saying true that "birds of a feather flock together," by making a point to fla-MINGLE with one another as we spend the lovely days of May together at Mt. Carmel Community at The Village!

May Celebrations

We have a number of special celebrations taking place this month at Mt. Carmel Community, beginning with **Cinco de Mayo** which is Spanish for “Fifth of May” (May 5). Our Dietary Team is planning a delicious Mexican Fiesta for our noon meal, including Chorizo and Sun-dried Tomato Pinwheels, Tortilla Soup, Carne Asada, Corn Salad, and Roasted Zucchini. We’ll also enjoy a slice of traditional Tres Leches Cake. We’re going to kick off **Mother’s Day** weekend with a Drop-in Mother’s Day Photo Shoot on Friday, May 6. Come to the Main Dining Room anytime from 10:00 - 2:00 to have your photo made to commemorate your special day. Please stay for tea and refreshments. We will be honoring our U.S. military personnel who have given their lives for our country at our **Memorial Day** Service on Friday, the 27th. The Patriot Guard Riders will be joining us as our special guests. On Memorial Day, we’ll enjoy a patriotic holiday lunch featuring BBQ Ribs, Stuffed Baked Potatoes, Corn on/off the Cob and Watermelon.

Musical Concerts

We are happy to have **Rick Custer** joining us on Wednesday, May 4 for an accordion concert. We always enjoy hearing his music and the stories behind his songs. Join us in the Activity Room at 2:00 for this special performance. Back by popular demand, **Vickie Heppel** will be performing for us on May 18, at 2:30 in the Main Dining Room. The following Wednesday at 3:00, **Ken Goodman** will be singing for us again! Let’s make these musicians feel welcome by attending these great concerts!

Monday Movies

You’re invited to get acquainted with the people of Virgin River as we introduce a new series for our Monday Afternoon Movies. The series is based on the popular *Virgin River* novels by Robyn Carr. From the old town doctor to the young nurse practitioner, along with the owner of the local bar and his fellow Marine friends, you’ll love the characters and the beautiful town of Virgin River. We encourage you to join your friends in the Theater every Monday at 2:00 to share a new adventure. If you can’t watch with us, you can catch each episode on Channel 3.

May Birthdays

Mt. Carmel Residents:

May 3 • **James Bailey**
May 8 • **Leo Keys**
May 12 • **Connie Zemanek**
May 23 • **Helen Albrecht**

Mt. Carmel Staff:

May 3 • **Reva Frazier**
May 5 • **Natalie Briggs**
May 12 • **Jody Stout**
May 13 • **Hallie Weaterford**
May 15 • **Stefanie Walz**
May 15 • **Gail Harrison**
May 16 • **Natali Spurlin**
May 27 • **Deborah McLain**
May 28 • **Cheyenne Joy**
May 28 • **Elizabeth Shockey**
May 29 • **Tammy Todd**

Garden Home Residents:

May 18 • **LaMoyne Christy**
May 22 • **Don Haroldson**
May 31 • **John Weber**

