

Elizabeth Barrett Browning wrote a poem in the 1800's that began, "How do I love thee? Let me count the ways." We're blessed with the ability to love others in an infinite number of ways. There are also countless ways of expressing the love we feel in our hearts. Regardless of how we choose to declare it, the depth of our love doesn't seem to lie in the number of words we use. In fact, the candy Conversation Hearts that are so popular around Valentine's Day have proven that it's possible for an expression of love to be stated in just a few words or even a clever combination of letters. Short and sweet sentiments are no less sincere. This month, a number of our games and events will explore the language of love with an emphasis on these candy Conversation Hearts. We'll kick off the month with a Conversation Hearts Counting Contest. On February 2, come register your guess for the number of Conversation Hearts that you think are in our candy jar. The resident that comes closest to the correct number wins the whole thing! Join us at 10:00 every Monday morning as we explore topics such as Sweet Talk, Heart to Heart, Wedding Words, and Love Songs at our Monday morning Wheel of Fortune activities. Come see how many chocolate candies you can win at our Candy Heart Dice Game, get to know your neighbors better as we play a game of Would You Rather that focuses on Expressions of Love, and craft a festive Conversation Heart Door Decoration for your apartment. We'll even host a Conversation Heart Scavenger Hunt to see how many Conversation **Hearts** you can find hiding around our facility. These are just a few of the light-hearted activities and heartwarming events that we have planned for you this February at Mt. Carmel Community at The Village. Please come join the fun!

Life is Short, Make it Sweet

In the morning, on the first and 15th, our Activity Director, Sherri Pennington will be making a cart pass down each hall to bring you a sweet treat and warm beverage, along with a fun activity. Sherri is looking forward to having some one-on-one time with each resident at these "Life is Short, Make it Sweet" bimonthly visits.

Valentine's Day Party

You are invited to join us on Monday, February 14 for a very special Valentine's Day "Love Bites" Party. We'll enjoy bite-sized snacks, including Red Velvet Cake Pops, Cookie Bars, Mini Cupcakes, Cocktail Smokies, Cheese Squares, Chips and Dip. Best of all, Scott Pennington will be providing musical entertainment! Grab your neighbor and meet us in the Activity Room at 2:00 on Valentine's Day for this exciting event!

Full Deck

For those who enjoy the challenge of playing card games like Rummy and Kings in the Corner, our "Full Deck" card game group meets every Tuesday and Thursday after exercise in the Card Room next to the 300 Hall.

February Birthdays

MT. CARMEL RESIDENTS

February 3 · Montie Stephens

February 16 · Cecilia Chandler

February 24 · Eileen Williamson

February 27 · Sue Breaux

February 28 · Gloria Angel

MT. CARMEL RESIDENTS

February 9 · Lois Schoenrock

February 9 · Jim Bland

February 12 · Joyce Shirley

February 21 · John Janesky

MT. CARMEL STAFF

February 1 ⋅ Alexis Robinson

February 2 · Melett Fox

February 3 · Eric Beer

February 9 · Shaun Tardif

February 10 · Tyler Qualls

February 13 \cdot Deborah Fincher

February 15 · Beverly Crawford

February 28 · Alice Kosmach

The Bookworms

Extra! Extra! READ all about it! Mt. Carmel Community at The Village is starting a book club! Don't miss the first meeting of The Bookworms on Monday, February 7 at 1:00 in the Activity Room. Whether you are an avid reader or simply have a casual interest in reading, we want you to be a Bookworm! You'll be introduced to a new book every month, read it at your own speed, then we'll meet together to discuss it at our next monthly meeting. Invite a friend and join your fellow Bookworms as we discuss our new book club over hot cider and freshly baked Apricot Popovers.









