



Mt. Carmel

ASSISTED LIVING EDITION
NOVEMBER 2023

CONNECTIONS

Fall Favorites From A-Z

This November, we want to explore all there is to love about the FALL SEASON. And we mean EVERYTHING - from A to Z! Autumn brings about an abundance of Acorns and Apples, along with Bushel Baskets of nature's Bounty. It's like a Cornucopia overflowing with beautiful Fall Foliage, Family time, festive Feasts, and Football with Friends. Fall is the time of year for Gourds, Harvesting, Hunting, and Hayrides. Lovely Indian summer days highlight the season's vibrant colors in the swirling Kaleidoscope of falling Leaves. Memories of November conjure up pictures of fruit Orchards and Pumpkin Patches, handmade Quilts and Scarecrows, and gathering around the Table for Turkey and Yams before catching some much-needed Z's after a Thanksgiving feast! Join us all month long as we celebrate many of your favorite Fall things with a variety of wonderful activities and events. For example, we have a Cornucopia of Fall-themed editions of Wheel of Fortune coming your way! We'll play Bingo on festive cards that feature Autumn, Turkey, Apple, Feast, Gobble, and Pumpkin Patch themes. Our crafts will focus on Fall things like Scarecrows, Veterans Day, Turkeys, and Acorns. We'll toss Apples, beanbags, and Footballs and have an exciting Nerf Gun Turkey Shoot! You'll enjoy playing Turkey Foot Dominoes and our Thanksgiving Candy Dice and Connect 4 Games. You can even join us for our annual Fall Foliage Tour. We are truly blessed to be celebrating the Thanksgiving Season together at Mt. Carmel Community!

Musical Performances

While we are counting our blessings this November, we want to include the many friends of our community who share their musical talent with us. This month, we are thankful to have the choir from **First Baptist Church** as our guests on November 9. Guest pianists **Sabrina Shivley** and **Chase Knollmeyer** will provide patriotic music for our Veterans Day Celebration. On Friday, the 17th, musical vocalist **Harry Blanton** will entertain us in the afternoon. We are excited to welcome **The Dailey's & Friends** back to Mt. Carmel Community on November 30. We hope you'll attend all of these musical performances!

Gratitude Celebrations

On Friday, the 10th, we will host a **Veterans Day Celebration** to express our gratitude to our Mt. Carmel men and women who served our country in the Armed Forces. We will recognize each of our veterans as our guest pianists play the official song of each branch of service. We invite you to bring photos or memorabilia from your time in the military or of loved ones you wish to honor to place on our display table. We will enjoy refreshments while we share our stories at this special event. You are also invited to help us make beautiful patriotic decorations for this event at our Create & Craft class on Wednesday, November 8. Everyone is welcome!

On Wednesday, November 22, we will enjoy a traditional **Thanksgiving Feast** of turkey and dressing with all the trimmings! It's always a special time for our community as we gather with an attitude of gratitude and a heart filled with thanksgiving! You may choose to join us at either 11:00 or 12:00. If you have friends or family members who want to share this special time with you, they must RSVP to reserve their meal and time preference by Friday, the 17th. Each Thanksgiving guest meal is \$7.

November Birthdays

Mt. Carmel Residents:

November 1 · **Bill Field**
November 3 · **Betty Parker**
November 4 · **Janet Nelson**
November 6 · **Thelma Malone**
November 7 · **Don Cowell**
November 14 · **Sherry Burkhalter**
November 17 · **John Garza**
November 23 · **Gwen Smith**

Mt. Carmel Staff:

November 10 · **Linda McGuire**
November 16 · **Jimmy Elrod**
November 21 · **Tara Hudson**
November 23 · **Mackenzie Zuber**
November 30 · **Cathy Shoemaker**

A Friendly Reminder

Be sure to FALL BACK on Saturday, November 4, by turning your clocks BACK one hour before going to bed.

