



Mt. Carmel BENTON EDITION • JULY 2023 CONNECTIONS

Oh my stars!

If you've lived in the South any amount of time, you've probably heard the phrase, "Oh my **stars!**" used as an expression of surprise or astonishment. Some might say it's an old-fashioned saying used only by grandmothers and Southern churchgoers! But, on the contrary, we plan to celebrate our nation's birthday with a surprising array of **star**-studded activities and events that will have everyone repeating, "On my **stars!**" all month long! For **starters**, you'll enjoy all our Monday morning Wheel of Fortune games featuring patriotic and **star**-themed puzzles. We have a **star**-spangled assortment of Tuesday morning Bingo games, including KaBoom, All-**Star** Baseball, Fireworks, and BURST Bingo. A host of Hollywood **stars** are coming your way each Wednesday afternoon in the Theater, where we'll present patriotic movies for your enjoyment. Speaking of movie **stars**, see if you can find all the names of the Hollywood Divas and Male Film **Stars** hidden in our Word Search Puzzles while enjoying America's favorite movie theater snack at our Movie **Star** Word Search & Popcorn Party! We'll pay tribute to the **Stars** & Stripes with each of our Wednesday afternoon patriotic crafts. Come try your hand at shooting Nerf guns and throwing darts at **starry** targets, join the search at our fun-filled **Star**-Spangled Scavenger Hunt, and get to know your neighbors at our **Stars** & Stripes Icebreaker Game. We hope you'll participate in our July activities as we thank our lucky **stars** for the blessing of living in the USA!



Star- Spangled Birthdays

Mt. Carmel Residents:

- July 1 • Jerri Ivy
- July 3 • TJ Bridges
- July 3 • Dot Cole
- July 5 • Joyce Bobbitt
- July 5 • Ella Mae Cantrell
- July 6 • Dearl Durham
- July 6 • Helen Hughes
- July 29 • Evelyn Williams

Mt. Carmel Staff:

- July 16 • Melissa Brendensteiner
- July 18 • Agnes Turner
- July 20 • Sheena Hinson
- July 25 • April McFarland
- July 31 • Gianni Felder

Hooray for the Red, White, & Blue

Among the abundance of star-studded and patriotic activities we have planned for you this month, you'll find several exciting Red, White, & Blue events that will help you show your true colors in celebration of our great nation! Our **Red, White, & Blue Edition of Wheel of Fortune**, on the 10th, will feature word puzzles that are all common sayings that include the color red, white, or blue. See if you can hit a hole-in-one at our **Red, White, and Blue Marshmallow Golf Game** on the 19th. We're hosting a tasty **Red, White, & Blue Watermelon Social** on Thursday, the 20th, and for those who enjoy a little friendly competition, we'll also have an All-American Cornhole game on the patio! Finally, we'll go out with a splash at the end of the month at our **Red, White, & Blue Water Balloon Toss** on July 26! We can't think of a better way for you to spend your July days than celebrating your freedom with a variety of patriotic activities in the company of your Mt. Carmel neighbors and friends.

July Entertainment

Make plans to come to listen or sing along with **The Dailey's and Friends** on Thursday, July 6, in the Main Dining Room. This group has a special place in their hearts for Mt. Carmel Community and join us regularly, as well as singing in Elijah's Place. Their blend of classic country and gospel songs makes them a favorite among our residents.

We are also excited to have **Our Songs Project** with us this month. This group of music students from Little Rock Central High School includes singers and instrumentalists. These emerging musicians have dedicated themselves to presenting concerts for older adults around the state. *Our Songs Project* provides them with venues and opportunities to share their talents with others. While it is their first time performing for Mt. Carmel Community, they have performed in Senior Living Communities throughout Central Arkansas, Northwest Arkansas, and Naperville, Illinois. Let's warmly welcome them and offer our support and encouragement by joining them in the Main Dining Room at 1:30 on Friday, July 21, for this special performance. We hope to see you there!