



Mt. Carmel MAY 2023 • BENTON EDITION CONNECTIONS

*Keep on the
Sunny Side*

The popular song, “Keep on the Sunny Side,” written by Ada Blenkhorn, was said to have been inspired by her disabled nephew, who would always request that his wheelchair be pushed down “the sunny side” of the street. Sunflowers are also persistent when it comes to facing the sun. As the early morning sun rises in the East, young sunflowers will face east to welcome its first glimmers of light. Gradually during the day, they follow the sun’s light until it sets in the western sky. Not only will sunflowers pivot to face the sun as it moves across the sky during the daylight hours, but they also rotate during the night to be ready to greet the sunrise in the morning. We can learn a valuable lesson from these young sunflowers by putting ourselves in a position each night to rise with Godly thoughts in the morning and keeping our eyes on the “Son” of God throughout the day! Much like sunflowers, you’ll find that many of our April activities focus on sunny things. You’ll notice your days are a little brighter when you spend them in the company of your neighbors, playing games that encourage friendly competition, participating in creative pursuits and worship opportunities, and enjoying movies, socials, and musical programs. The more involved you become in the community at Mt. Carmel, the more you’ll agree that life is sweet on the sunny side of the street!

Happy Birthday

Mt. Carmel Residents:

- May 7 • Sue Kidd
- May 9 • Helen Purcell
- May 12 • Charles Bowen
- May 18 • Margie Cross
- May 20 • Jerry Kidd
- May 22 • Marlene Goodner
- May 31 • Georgia Dixon

Mt. Carmel Staff:

- May 2 • Kayla Baker
- May 7 • Amy Bailey
- May 20 • Rebecca Taber
- May 21 • Shawna Daniel
- May 23 • Miranda Adams
- May 26 • Tim Adams
- May 26 • Isaac Speer
- May 28 • Michael Threlkeld
- May 29 • Lucila Bauer

On the Move in May

Our weekly trips are moving to Fridays beginning this month. We will still provide transportation for a variety of planned outings; we are simply changing our scheduled travel day from Wednesday to Friday mornings. You'll find our exciting May field trip destinations listed below.



Meet us in the lobby at 9:45 to go enjoy some spring shopping at Target.



Join us as we go to Ta Molly's for some fun, fellowship, and delicious Mexican food!



Don't miss our monthly Walmart Shopping Trip! We'll leave from the lobby at 9:45.



Come go with us to Newks for a sandwich, pizza, soup or springtime salad!

Our monthly **Just 4 Men Out-to-Lunch Trip** will take place on Thursday, May 18. We'll be going to Colton's Steakhouse this month. It's a great opportunity for our men to enjoy a time of brotherhood and bonding!

Mother's Day and Memorial Day Celebrations

May is one of our favorite months because it allows us to honor our mothers and veterans! We're inviting all our ladies to put on your SUNday best and come to the 300 Hall at 10:00 on May 1 for **Mother's Day Photos**. We'll print a copy for your family to treasure and share digital copies upon request. On Thursday, the 11th, we'll honor our Mt. Carmel ladies at our annual **Mother's Day Social**! Everyone is encouraged to attend. Lisa is planning a SUNdae Bar, and we'll be playing SUNflower Beanbag Toss and SUNflower Ring Toss games. There will also be music and door prizes! Our Dietary Staff has planned a **Memorial Day Celebration Lunch** for Monday, the 29th, complete with Baked Ribs, Corn on the Cob, Baked Beans, Potato Salad, and Banana Pudding. **Brian Puddephatt** will honor our veterans at noon with a trumpet concert of patriotic music in the Courtyard.

A Cinco de Mayo Birthday Fiesta

Come enjoy a cup of punch, fun-themed cupcakes, ice cream, and festive Mariachi music at our **May Birthday Party** on Friday, the 5th. We'll even sing the Birthday song in Spanish and learn some Cinco de Mayo trivia! We can't wait to celebrate with you!