



C Mt. Carmel BENTON EDITION • FEBRUARY 2023 CONNECTIONS

Searching for a **Heart** of **Gold**

Our fascination with GOLD is as old as recorded history. This precious metallic element is the stuff of wedding rings and Olympic medals. If you are blessed to be married 50 years, you have the honor of celebrating your GOLDen anniversary. When something is valuable, we say it is worth its weight in GOLD. Someone who is kind is said to have a HEART of GOLD. This February, we're celebrating things that are GOLDen and matters of the HEART! Our Monday morning Wheel of Fortune games will explore themes like HEART Phrases, GOLDen Oldie HEART songs, GOLDen Things, and common GOLD sayings. We'll celebrate our love for McDonald's by visiting the GOLDen Arches for lunch on the 8th! As you know, Mt. Carmel Bingo Bucks are as good as GOLD when you redeem them for items in our monthly Bingo Store? This month, you can earn Bingo Bucks by playing Bingo, Wheel of Fortune, and fun dice games like Connect 4 HEARTS and Pot of GOLD Cover All. Earn more Bingo Bucks by competing in active games such as our Panning for GOLD Beanbag Toss, HEARTbreak Balloon Bust, and Go for the GOLD Olympic Ball Toss and Cornhole Games, as well as successfully forming short romantic phrases in our HEART to HEART Scrabble Tile Game. You are sure to strike GOLD when you search for GOLD things at our Scavenger Hunt and join us at our HEART of GOLD Candy Dice Game. Mt. Carmel Community offers you a GOLDen opportunity to participate in a GOLD mine of HEARTwarming activities all month!

February Birthdays

Mt. Carmel Residents:

February 2 • Grace Stout
February 2 • Wanda Shaw
February 3 • Jimmie J. Jones
February 6 • Lueva Langley
February 9 • Billie Wade
February 12 • C.H. Harris
February 21 • Jean Coley
February 29 • Bendette Maxwell

Mt. Carmel Staff:

February 5 • Avery Boyd
February 11 • Damon Clay
February 14 • Kaitlyn McNamee
February 15 • Rhonda Gaither
February 22 • Kalyn Stearns
February 23 • Lakesha Canada

Valentine Celebrations

♥ “Where there is love, there is life,” as the saying goes! We certainly thank God for the life we spend together and the love we share for one another at Mt. Carmel Community! You are invited to celebrate life, love, and Valentine's Day with Ice Cream Sundaes at our **Valentine's Day Social** on Tuesday, February 14, at 1:30.

♥ Head to the Front Desk between February 1st and 8th to participate in our **SweetHEARTS Counting Contest**. Record your guess for how many Conversation HEARTS you think are in the Candy Jar. We'll announce the winner on the 9th and award them the whole jar of candy HEARTS!

♥ Love is in the air this month at **Tuesday morning Bingo!** We'll play fun-themed games like Cupid, I LUV U, and HEARTS Bingo! We play Bingo every Tuesday and Thursday morning, at 10:00, in the Hall 300 Activity Room and every Saturday at 1:30 in the Main Dining Room. Join us for a game and a chance to win some Bingo Bucks!

Make Some LOVELy Crafts

We're calling all crafters to head over to the Hall 100 Activity Room for **Create & Craft** every Wednesday afternoon at 1:30! We'll pour our HEARTS into making LOVELy creations like HEART of Gold Door Decorations, SweetHEART Valentines, Stained Glass HEARTS, and Button-HEART Art. Your rooms and doorways will be bursting with expressions of LOVE as you display your handiwork! We can't wait to craft with you!

Inspirational Film Series

Every Sunday in February, we will feature a new episode from the film series, *The Chosen*. Join us at 1:00 in the theater to watch it on the BIG screen or tune in to TV Channel 3. *The Chosen* shows us how Jesus Christ reaches people from all walks of life, including an accountant ostracized from his family, a woman plagued by demons, and a fisherman struggling with debt. He takes each of these individuals by his side because He loves them. We'll watch as Jesus works His first miracles on Earth and embarks on His ministry to change the world. You'll see Him for the first time through the eyes of those who walked with Him and knew Him best. Don't miss this powerful and inspiring film series!