



# Mt. Carmel

BENTON EDITION FEBRUARY 2022

# Connections

## *Sweet Talk*

Elizabeth Barrett Browning wrote a poem in the 1800's that began, "How do I love thee? Let me count the ways." We're blessed with the ability to love others in an infinite number of ways. There are also countless ways of expressing the love we feel in our hearts. Regardless of how we choose to declare it, the depth of our love doesn't seem to lie in the number of words we use. In fact, the candy **Conversation Hearts** that are so popular around Valentine's Day have proven that it's possible for an expression of love to be stated in just a few words or even a clever combination of letters. Short and sweet sentiments are no less sincere. This month, a number of our games, events, and Create & Craft classes will explore the language of love with an emphasis on these candy **Conversation Hearts**. Whether we are playing **Conversation Heart** Lingo Bingo, matching pairs of **Conversation Hearts**, rolling dice with the goal of being the first to connect 4 **Conversation Hearts** in a row, or hunting for **Conversation Hearts** around the building, there is a lot to love about our February theme! At our Heart to Heart Scrambled Scrabble Game you'll even have the opportunity to break some hearts as you crack open heart-themed plastic eggs and unscramble the letters inside to discover a sweet sentiment that might be found on a candy **Conversation Heart**. We'll continue to celebrate the language of love with a fun Love Letters Beanbag Toss, Sweet Talk edition of Wheel of Fortune, and a Love Letters Roll and Cover Game. Join us on Friday, the 4th as we craft beautiful Love Letter Valentines that you can mail to a friend or loved one as Valentine's Day draws near. These are just a few of the light-hearted activities and heartwarming events that we have planned for you this February at Mt. Carmel Community. Please join us for all the fun!

# Conversation Hearts Counting Contest

From Friday, February 4 to the 14th, you are invited to join the conversation at the Front Desk where you can register your guess for how many hearts are in our Candy Jar! The resident who guesses the closest will win the jar at our Valentine's Day Party!

## Valentine's Day

We'll be celebrating Valentine's Day by enjoying some great conversation and festive Ice Cream Sundaes - our favorite way to celebrate any day! It will also be the perfect time for you to come wish Blair well as we say "see you later" to her while she chooses to be home more with her family during this season of her life.

## Visit Our Bingo Store

Once a month, residents have an opportunity to shop in our Bingo Store with the bingo bucks they've earned while attending various community activities. Our Bingo Store, located in Apartment 202, offers toiletries, household items, paper products and snacks. First-time shoppers will receive free items, as well as an invitation to join us at our many games and activities! Be sure to stop by the Bingo Store on the 21st at the designated shopping time for your hall.

## Create & Craft Events

You are invited to join us for Create & Craft every Wednesday afternoon in February. On the 2nd we'll be making lovely Conversation Heart Door Decorations. The following week, we'll be crafting Conversation Heart Photo Frames. Blair will be bringing the photos for the frames. If you're not a regular Create & Craft attender, please make sure to let Blair know you are coming so she can have your picture ready to go in your frame. Later on the 16th, we'll be making tasty and adorable Conversation Heart Teddy Graham Snacks. But be warned, these bears are so cute, you might have a hard time taking a bite out of them! Finally, on the 23rd, you'll fall in love with our yarn-wrapped hanging hearts. Join us as we create beautiful works of art that are sure to be treasured for years to come. We'll save you a seat at Create & Craft on Wednesdays at 1:30!

# February Birthdays



### MT. CARMEL RESIDENTS

- February 2 · Wanda Shaw
- February 3 · Jimmie J. Jones
- February 6 · Lueva Langley
- February 7 · Colene Dyer
- February 9 · Billie Wade
- February 10 · JoAnn Thompson
- February 12 · C.H. Harris
- February 19 · Pattye Clark
- February 21 · Jean Corley
- February 26 · J.B. Lewis
- February 28 · Rose Marie Wilkinson

### MT. CARMEL STAFF

- February 5 · Avery Boyd
- February 14 · Kaitlyn McNamee
- February 15 · Rhonda Gaither
- February 22 · Kalyn Steams
- February 23 · Lakesha Canada

*It's time to celebrate our February Birthday guys and gals! Join us on Friday, the 4th for birthday cupcakes and ice cream, as we sing "Happy Birthday" to those who are adding another candle this month!*