



Mt. Carmel

BENTON EDITION • JANUARY 2022

CONNECTIONS

LUMBERJACK WINTER

It's going to be a while before we are out of the woods as far as winter weather is concerned. If you have an axe to grind with Jack Frost, join us as we 'channel our inner flannel' and celebrate winter like lumberjacks! While it may be tempting to hibernate until the chill of winter is past, we hope you'll branch out and join us for all the fun and fellowship that happens on a daily basis at Mt. Carmel Community. One example is our Flannel Fun Friday, which will be taking place on the 14th. Wear your favorite flannel shirt to our Out on a Limb Tin Can Toss Game, Leaf Collection edition of Picture Bingo, and Flapjacks and Tree Sap Pancake Supper! Of course, there will also be plenty of "Flannel Fun Foto" opportunities! Another theme-related version of Bingo that we have planned for January is Woodchuck Bingo. Join us on the 6th when we will be trying out some hilarious tongue twisters along with our Thursday morning Bingo games. Lumberjack enthusiasts will enjoy solving the word phrases featured at our Famous "Jacks" Hangman and Back to Nature Wheel of Fortune games. More theme-related activities include Lumberjack Cover All, Tall Timber Beanbag Toss, "Wood" You Rather, Timber! Jenga, and a Lumberjack Scavenger Hunt. On January 28, we will be having a Lumberjack-style Fireside Sing-along, complete with S'mores & Cocoa! These are just a few of the heartwarming winter events that we have coming your way as we celebrate January at Mt. Carmel Community. We hope one of your New Year's Resolutions will be to join us for each and every one!



January Birthdays

Mt. Carmel Residents:

January 3 • Barbara Burton
January 6 • Jotanna Wright
January 10 • Laverne Struble
January 14 • Jackie Maxwell
January 14 • Ronnie Anderson
January 16 • Roger Mowery
January 18 • Laverne Payne
January 25 • Verna Garnett

Mt. Carmel Staff:

January 3 • Lisa Baker
January 11 • Drew Parker
January 12 • Robyn Keele
January 24 • Dorothy Young
January 24 • Shirley Beard
January 30 • Tanya Thomas

Come celebrate our residents and staff who have January birthdays on Thursday, January 6.

Got Cabin Fever?

Mt. Carmel Community plans weekly trips that cater to the needs and interests of our residents. These trips include shopping and Out to Lunch opportunities. This month we will be going to **Target** on the 5th and **Walmart** on the 19th. We will eat out at **Newks** on the 12th and **Whole Hog Cafe** on January 26. All of our trips are “first come, first served”... so please be sure to sign up for a seat by contacting the Front Desk.

Marshmallow Monday

Did you know marshmallows originally came from the marshmallow plant? Come have a lot of fun on January 24, **Marshmallow Monday**, as we explore the history of marshmallows, play marshmallow basketball, and of course, enjoy some sweet treats!

New for the New Year

Ever wonder what the Bible has to say about Heaven? Beginning January 10, our Monday Morning Bible Study will be discussing the book, *Revealing the Mysteries of Heaven*, by Dr. David Jeremiah. The new year is a great time to get into the habit of weekly Bible Study. Everyone is welcome!

Celebrating Elvis Presley

Put on your blue suede shoes and get ready for some Elvis fun when we celebrate his birthday on the 7th and 8th! On Friday we'll be “all shook up” with a musical game of **Name that Elvis Tune**. In the afternoon, join us for *Blue Hawaii* in the Mt. Carmel Theater! On Saturday, come back to the theater to hear and sing along to his gospel music favorites.

Create & Craft Dates

We only have two Create & Craft activities scheduled for January, so you want to attend both! On the 5th, we'll enjoy creating **TIMBER! Door Decorations** that highlight our Lumberjack theme. We'll meet again on the 19th to do some **Valentine's Day** crafting.